This quarter’s Spotlight features Mr. Elloy de Freitas. This is a driven man who works with fervour, passion and excitement and is a man of results and discipline. Mr. de Freitas is the second of four siblings born to Mr. Hewlett and Mrs. Shelena de Freitas on 9th March, 1957 to who were both Teachers. His father a Head Teacher and his mother a Teacher, moved from school to school. As a result, they lived in several locations such as Liberta, Ovals and Barbuda. Consequently, Mr. de Freitas ended up going to the same schools his father and mother taught.

At the Primary level, he attended schools in Cobbs Cross, Bethesda, Seatons as well as Barbuda. By the time he was nine (9) years old, Mr. de Freitas entered the Antigua Grammar School, one of several secondary schools he would attend. He later went on to the Seventh Day Adventist School where he spent only a term. In addition to these schools, he was Home schooled for a year where he was taught Maths and English. His final stop in Secondary School education was at the Thomas Oliver Robinson (T.O.R) School, a secondary school at the time. His Final exams came early in Fourth Form because that was the year the T.O.R School was closing down. This meant that he never went to fifth form.

After secondary Education, he went on to sixth form. At the time, there were no A’levels, so many of the secondary schools had a 6th form, covering only certain subjects. Therefore, Mr. de Freitas’ discipline of study lead him to attend the Antigua Grammar and the Princess Margaret Secondary School. He was proficient in Geography, History and Literature which earned him a scholarship to attend the University of the West Indies (UWI) where he met his wife.

While growing up, Mr. de Freitas came to love Agriculture through the influence of his Grandfather Birtram Brown who was a farmer. This made his choice easy to pursue the Bachelor’s degree in Agriculture at the University of the West Indies in 1979. After completion of his studies, Continued on Page 7
Advertisement of Vacant Posts

Applications are invited from suitable qualified persons to fill the following vacant positions within the Government Service of Antigua and Barbuda. The deadline for receipt of application is 7th July, 2006 and applications should be channelled to the officers in their respective Ministry. Further details may be obtained from the Establishment Department.

These positions are:

- Senior Price Control Inspector  Prices and Consumer Affairs  Ministry of Justice
- Food Service Supervisor  Holberton Hospital  Ministry of Health
- Fisheries Officer  Fisheries Division  Ministry of Agriculture

Training Division

If you are interested in improving your knowledge within the Government Service, below is a list of training courses at the Training Division that will help you to do so.

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Budget Preparation</td>
<td>3rd July to 7th July, 2006</td>
</tr>
<tr>
<td>Customer Care</td>
<td>20th July, 2006</td>
</tr>
<tr>
<td>Anger Management</td>
<td>25th July, 2006</td>
</tr>
<tr>
<td>Benchmarking</td>
<td>27th July, 2006</td>
</tr>
</tbody>
</table>

You’ll get your brain in better shape

“It may sound strange to say it that way, but your brain works like a muscle. You’ve got to “use it or lose it.” Your brainpower increases when you make it work to assimilate new information and learn new skills. Your ability to concentrate increases, your memory grows sharper, and you develop valuable self-discipline that flows into other areas of your life. The same self-discipline developed through mastering a new subject or acquiring a new skill, can be used to sustain a successful fitness program, or improve your relationships with loved ones.”

Source: Leon and Sheryl Olguin
Things to Know

CORRESPONDENCE

128. (1) All correspondence -
   (a) requiring consideration by the Commissions shall be forwarded through the Chief Establishment Office;
   (b) to the Minister, shall be forwarded to the Chief Establishment Officer.

   (2) Any correspondence by an officer to -
   (a) the Commission;
   (b) the Chief Establishment Officer; or
   (c) any person or authority outside the Government;

   on the officer’s conditions of service or on any other matter of public policy shall be forwarded to the Permanent Secretary of the Ministry where the officer is attached.

   (3) The Permanent Secretary shall ensure that all correspondence sent out of the Ministry are secured in suitable bags or cases and locked before transmission.

129. (1) The Permanent Secretary shall ensure that he acknowledges as soon as possible any correspondence addressed to the Ministry by any person.

   (2) Subject to paragraph (3), in the reply to any correspondence made to the Ministry, the Permanent Secretary may authorise or delegate any officer in his Ministry to reply to any correspondence and the Permanent Secretary shall specify any recommendation or direction to be taken by the officer.

   (3) The Permanent Secretary shall not delegate his powers of correspondence on any matter from the Ministry to the Commission.

130. The Minister may from time to time issue directions relating to the handling of secret and confidential correspondences.

131. (1) All official correspondence posted by the Government shall bear the superscription “ON ANTIGUA AND BARBUDA GOVERNMENT SERVICE” and shall be franked by the impression of the official franking stamp on the face of the envelope or package.

   (2) An Officer who is entrusted with a franking stamp shall ensure that it is used for an authorised purpose only.

QUOTE

“There is more than a verbal tie between the words common, community, and communication…. Try the experiment of communicating, with fullness and accuracy, some experience to another, especially if it be somewhat complicated, and you will find your own attitude toward your experience changing.”

John Dewey
We ought to be grateful when we live to see another birthday. There are many who have just missed their birthday or are unable to enjoy it. Those of us who are blessed to see our birthday, be grateful and continue to keep in good health. We wish the staff of Establishment Department and the rest of the Civil Service who are celebrating birthdays this quarter, a very happy and fulfilling birthdays. Our birthday Celebrants this quarter are;

- Gloria Jarvis
- Sharon Morson
- Francia Sheppard
- Julie Joseph
- Mario Johnson
- Ramona Small
- Ruthlin Hector
- Desiree Pero-Harris
- Earl Haywood
- Lisa Marsh
- Dian Caleb
- Avonell Jacobs
- Delphia Roberts
- Rosa Greenaway

How many people are longing for the opportunity to travel? Well the opportunity is right here in the Civil Service where you are entitled to leave passage after working for fifteen (15) years. This quarter we have a few civil servants who are taking advantage of this perk namely;

- Winston John, Superintendent of Police, Police Division
- Primrose Mark-Reifer, Court Administrator, Registrar’s Division, Ministry of Justice
- Myria Hart, Senior Lecturer, Antigua State College, Ministry of Education
- Joyce Charles, Senior Executive Officer, Ministry of Social Transformation
- Joan Browne, Principal 2, Education, Ministry of Education
- Arah Armstrong, Director of Audit, Audit Department
- Francia Sheppard, System Analyst, Establishment Department
- Cynthia Burke, Senior Executive Officer, Establishment Department
- Bramwell Buntin, Facilities Maintenance Officer, V.C. Bird International Airport
- Frendis Christian, Assistant Teacher 2, Ministry of Education
- Milton Davis, Postmaster General, Ministry of Finance
- Muriel Knight, Assistant Teacher 2, Ministry of Education
- Pauline Samuel, Principal 2, Ministry of Education
Focal Point Salutes the civil servants whose journey with the Civil Service have come to an end. We commend you for your dedication and effort in promoting the growth of the service. Your time with the civil service is greatly appreciated and will be always remembered. Do continue to take on new challenges and enjoy life to the fullest. We will surely miss you.

Pauline Samuel  
Principal II, Ministry of Education  
37 Years

Delrio Josiah  
Assistant Teacher III, Ministry of Education  
32 Years

Edris Peters  
Principal Pharmacist I, Ministry of Health  
39 Years

Guerda Harris-Razzaq  
Assistant Teacher III, Ministry of Education  
32 Years

Royden Selwood  
Principal Assistant Secretary, Youth Affairs Division  
37 Years

Olivet Edwards  
Assistant Secretary, Ministry of Public Works  
33 Years

Hyacinth Hooper  
Assistant Teacher I, Ministry of Education  
38 Years

Did You Know?

123. The award of pensions and gratuities shall be as stipulated in the law relating to Pension for the time being in force.

124. An officer who opts to receive gratuity and reduced pension on his retirement may inform the Chief Establishment Officer within a month of notification of retirement.

125. (1) The Permanent Secretary shall ensure that the pension or gratuity of an officer attached to his ministry whose retirement from the civil service is almost due, is processed and treated with priority.

(2) An officer whose retirement takes effect before his retirement benefits are paid shall be given an alimentary allowance from the date of retirement and such allowance shall be deducted from the retirement benefits paid to the officer.

126. (1) Where no records are available to prove the continuity or period of service of an officer in the determination of his retirement benefits, a Statutory Declaration attested to by two senior officers as proof of the record of service of the officer may be submitted.

(2) Any Statutory Declaration attested to in terms of paragraph (1) shall state the source of the facts contained therein.

127. An officer may be required to produce -

(a) a birth certificate; or

(b) a statutory declaration as proof of the officer’s age attested by a senior officer; or

(c) a probate of will or letters of administration; or

(d) a marriage certificate; for proof of any of the facts contained therein in the determination of any benefit due to the officer.

(Taken from the ‘Antigua and Barbuda Civil Service Regulations 1993, No. 1)
An occasional cold is a fact of life, but you don't have to take the sniffling, sneezing, coughing, and aching lying down. Here are nine ways to sidestep a cold or soothe the symptoms.

**Soup it up.** Chicken soup is the classic mother's remedy for colds and flu, and research shows that mom was right on the mark. One study found that even when chicken soup was diluted 200 times, it still interfered with the substances that trigger colds. Other studies found that hot soup can break up congestion and thin out mucous secretions.

**Wash your hands.** You don't have to catch every cold that comes along. Cold viruses are spread by touching infected respiratory secretions on someone's skin or on a surface, like a doorknob, and then touching your own eyes, nose, or mouth. You can also catch a cold by inhaling infectious particles in the air from a cough or sneeze. To reduce your chances of catching a cold, wash your hands frequently, and don't touch your eyes, nose, or mouth. Use soap and rub your hands together vigorously for best results. Plain soap works fine. The popular antibacterial soaps don't provide extra protection against colds because they only kill bacteria, not viruses.

**Get Steamed up.** If a stuffy nose is making you miserable jump in the shower. Hot, moist air can temporarily clear clogged nasal passages and help you breathe easier. A humidifier can also help. If you don't have one, you can make one. Just pour boiling water in a bowl, lean over it with a towel covering your head, and breathe deeply. Add some chamomile flowers to the water for extra relief. Chamomile helps clear clogged sinuses and soothes irritated throats.

**Drink plenty of fluids.** It is very important to get plenty of fluids when you have a cold or the flu, particularly if you have a fever. To prevent dehydration, and to thin the mucus in your lungs so you can cough it up, get at least eight to 10 cups of liquids a day.

**Round up some vitamin C.** Many people think vitamin C can prevent colds. While that hasn't been proven, studies have found that it may reduce the length of time you suffer cold symptoms. Taking supplements containing mega-dose of vitamin C isn't a good idea. Although too much vitamin C probably won't kill you, large doses may cause kidney stones, nausea, abdominal cramps, and diarrhea. To get vitamin C naturally, eat sweet red peppers, green peppers, citrus fruits and strawberries.

**Make a honey of a cough syrup.** Drugstore shelves are crammed with cough syrups, but if you don't like taking medicine, you can make your own natural cough syrup. Mix the juice of one lemon with two tablespoons of glycerine and 12 teaspoons of honey. Take one teaspoon every half hour, stirring before each use. For another soothing and tasty cough reliever, combine 8 ounces of warm pineapple juice and two teaspoons of honey.

**Go bananas.** Bananas are delicious and loaded with folic acid, potassium, magnesium, and fibre, but did you know they may help quiet a cough? Heartburn is responsible for one in 10 chronic coughs and the cough it causes.

**Think zinc.** Another nutrient that's controversial in the treatment of colds is zinc.
he was gainfully employed in the government service at the Agricultural Extension Division. While working there, he earned a scholarship and achieved the diploma in Agriculture Extension in 1984. Mr. de Freitas came to realize the role he would have to play in management and therefore went on to attain his Masters in Business Administration (MBA) at the Heriot-Watt University, Edinburgh, Scotland in 1997. Presently, he continues his educational drive in pursuance of his doctorate degree in Business Administration (Human Resource Management).

Mr. Defreitas came up through the ranks of the Antigua and Barbuda Government service where his tenure to date amounts to over 25 dedicated years in graduate and management positions. He was first appointed in 1979 as an Assistant Extension Officer until 2003, when he became the Permanent Secretary of Industry and Commerce. In that time frame, he was seconded to the Establishment Department as Director of Public Sector Transformation. Concurrent with his appointments, he served as General Secretary in the Antigua and Barbuda Public Service Association (ABPSA). Currently, he is the Permanent Secretary, Ministry of Industry and Commerce.

Outside of the government service, he is credited with other services. He tutored the Woodbrook class for one term with the Adult Literary Tutors Association in Trinidad. He also lectured the “Agricultural Enterprise Development Course for Women” for four months at the Gilberts Agricultural and Rural Centre in Antigua.

Indeed Mr. de Freitas is very versatile. He is a poet and has written many pieces including a CD production “Chant Down Babylon” featuring some of his greatest performances. He plays the pan and had played the Base in Trinidad Panorama. Mr. de Freitas enjoys many activities such as Tennis, Swimming and loves the card game Bridge.

Mr. de Freitas is a family man. His wife Claudette and daughter Elisa, form a great support team and are much a part of some of his ventures. He believes that the virtue of love should guide the character of people. Mr. de Freitas is still very passionate about the improvement of the Public Sector and believes that once ethical principles are followed, it can meet its goal.

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**Quote**

My creed is that public service must be more than doing a job efficiently and honestly. It must be a complete dedication to the people and to the nation with full recognition that every human being is entitled to courtesy and consideration, that constructive criticism is not only to be expected, but sought, that smears are not only to be expected but fought, that honor is to be earned, not bought.

MARGARET CHASE SMITH
Duties of a Permanent Secretary

The Permanent Secretary is the Chief Accounting and Human Resource Officer of the Ministry. As Chief Accounting Officer, the Permanent Secretary shall be responsible to ensure that accounting practices comply with the Finance and Audit Act and Accounting Regulations (Financial Institutions and Stores Rules).

Financial Institutions outline approaches to be adopted when dealing with Governments Revenue and Expenditure.

Stores Rules deals with procurement, storage and accounting for stores generally.

As Chief Human Resource Officer, he or she is the contact between the Public Service Commission and the Ministry when dealing with matters pertaining to Civil Servants (Established Employees).

He or she is the Manager for Non-Established Employees attached to his or her Ministry. In this regard, recruitment, promotion, discipline etc. are all his or her responsibility.

There are Civil Service Laws and Regulations, Labour Code and Union Agreements with which the Permanent Secretary should be familiar.

The Permanent Secretary is also the implementor of Government’s Policies or Programmes. In this respect, he or she works closely with the Minister to ensure effectiveness.

The foregoing would entail the Permanent Secretary having adequate staff, accommodation, facilities etc.

Continued from page 6

Some studies have found that people with colds who use zinc gluconate lozenges recover from their colds more quickly than others. Other studies haven’t shown any positive effects. If you want to try them, keep this in mind. Not only do they have a bad taste, they can cause nausea. Make more friends. you can never have too many friends, right? A recent study found that having many social connections may make you less likely to catch a cold. The study found that people with six or more types of social ties - friend, spouse, parent, work mate, etc. were four times less likely to get a cold than those with three or fewer types of social connections. Researchers think extra psychological support or increased exposure to different viruses, which helps build immunity, could be the reason.

Source: Natural Cures and Gentle Medicines pages (96-98)
Since the first case of AIDS was diagnosed in Antigua and Barbuda in 1985, the number of HIV infection increased steadily until 2000. In 2001 there was a steep decline in the number of new HIV cases. Since then, there is a wavering in the number of new cases. At the end of 2005, a cumulative total of 553 reported cases were recorded, the majority of which are in the 24 - 49 age group. The statistics also revealed a trend towards formalization of the disease as the mother can pass on the HIV virus to her unborn child and through breast feeding. Persons living with HIV (PLWHAs) are often stigmatized and discriminated against, which drives them underground for fear of being ostracised by friends and relatives fueling the epidemic where they fail to seek care and treatment until they have progressed to AIDS.

Health care is a shared responsibility: so too is the fight against HIV and AIDS if this pandemic is to be stopped. HIV is preventable. It takes the collaborative efforts of individuals, civil organizations, commerce, the line ministries, international agencies and the political will to make it happen.

To this end the National AIDS Programme has been increasing its efforts to address the complexity of this pandemic through an upscale national response which include among others:-

1. The appointment of a Clinical Care Coordinator to coordinate the clinical care of PLWHAs that would be provided by the Clinical care team.
2. The government, through the negotiating efforts of the Clinton Foundation which resulted in a significant reduction in the cost of anti-retrovirals, made anti-retroviral and other necessary drugs available to all PLWHAs, free of cost.
3. For those HIV mothers who do not wish to breast feed, infant formula is provided free of cost for up to 9 months through the AIDS Secretariat.
4. Over 40 Health care service providers have been trained in different areas of HIV care and treatment including nutrition, Voluntary Counselling and Testing, contact tracking, counselling, behaviour change education and communication for behaviour change.
5. Voluntary Counseling and Testing is now available at All Saints, Grays Farm, Clare Hall and Brown's Avenue Health Centres, the Ante-natal clinic at Holberton Hospital, Antigua Planned Parenthood Association and the AIDS Secretariat free of cost and treatment has been acquired.

One of the projects coming out of the National AIDS Programme has been “Teen Talk” a weekly televised show for youths ages 12-24 years, hosted by two teenagers, with an average of 40 persons in the studio weekly. Teen Talk has run successfully for two consecutive years achieving a total attendance of 591 for 2005 and is now about to embark on year three of its production.

Persons living with HIV/AIDS are a driving force to the development of strategies to combat this epidemic. The Health, Hope and HIV Network, an active support group for PLWHAs has undertaken the initiative of setting up an office with the assistance of the government and has formed an alliance with the Caribbean Regional Network of Persons Living with HIV/AIDS. Under this alliance, the staff presently receives monetary assistance for managing their office. They are presently enrolled in an empowerment skill building workshop funded by TIDES International based in Puerto Rico and will also embark on an HIV community prevention project in barbershops in September, 2006. This will be funded by the International HIV/AIDS Alliance.

We at the National AIDS Programme are pleased with the advancement made in the wake of this disease. However we can never become complacent as there is still no cure. There is still an ongoing struggle worldwide to manage the disease and we are a part of that struggle and are totally committed to our global effort. Get Tested, know your status. Remember AIDS IS NOT A DEATH SENTENCE.
National Youth Policy

The first question you might ask is what is a National Youth Policy? Well the word policy taken from the Collier’s Dictionary is “prudence, sagacity, or shrewdness in the management of affairs”, or “guiding principle, course, or method of action followed, or adhered to habitually or consistently”. So a youth policy would be a policy in which young people do actively take part in nation building through strategic planning on critical issues through community consultations.

A national youth policy has tremendous national significance. It represents a nationally agreed upon formula for meeting the needs and aspirations of young men and women as well as providing the philosophical and institutional framework for national youth development. It is both an acknowledgement of the specific needs of young people as well as a formal recognition of their potential and unique contribution to national development. Further, it seeks to outline the obligations of the State, the responsibilities of stake holders, and young people themselves in creating and maintaining the environment that is critical for the realization of the fullest potential of all our young people.

Specifically, our National Policy seeks to:

- Define a common vision and framework for youth development;
- Define, promote and protect the rights, the roles and responsibilities of young people in their personal and national development.
- Serve as a tool for advocating youth development issues.
- Provide the framework for monitoring and assessing the effectiveness of youth development programmers and services.

The Youth Policy seeks to promote the implementation of programmers and provision of services geared towards the holistic development of all of Antigua’s and Barbuda’s young people. This inadvertently will provide opportunities for them to pursue their own development as well as contribute to national development. Further to this, the following principles will be promoted:

- encouraging and celebrating commitment to national development, cultural identity and active citizenship;
- prioritizing education, knowledge and skills acquisition;
- promoting healthy lifestyles and positive character development;
- Increasing access to self employment opportunities and professional development;
- enhancing youth empowerment and encouraging youth participation in nation building;
- contributing to a civilized and culturally diverse society;
- emphasizing participation and equitable distribution of and access to resources;
- emphasizing and facilitating a multi-sectoral approach and inter-agency collaboration.

The Department of Youth Affairs in the Ministry of Health, Sports & Youth Affairs is inviting all youths Yes “ALL YOUTHS”, in Antigua & Barbuda to play a key part in this historical event. For more information on how you can be a part of this worthy venture, Call Ministry of Youth at Tel: 460-5522 /23

Source: Ms. Cleon Athill, Director, Youth Affairs Division
The ICC has approved the venues expected to stage matches for the 2007 World Cup in the Caribbean.

Don Lockerbie, ICC’s venue development director, said the nine (9) host countries had prepared well for what is believed to be the biggest sporting event ever staged in the region. “All the venues are on stream and we are doing mighty fine. We are where we believe we should be at this time,” Lockerbie said.

Lockerbie visited the Kensington Oval, the venue for the April 28th final. He said the only venue that concerned him was the Brian Lara Stadium being constructed in Trinidad, which will stage pre-tournament matches from March 2nd to 9th.

“We believe it started too late and they are pitching at 15000 seats. All we really require for pre-tournament matches is around 5000 seats,” he said. “We are looking good and we will be ready to host the cricket to the world in style.” Lockerbie added that problems with cement shortages were being overcome.

Pre-tournament matches are to be staged at the Brian Lara Stadium in Trinidad, Oval in Barbados, Greenfield Park and Trelawney in Jamaica, and Arnos Vale in St. Vincent. The opening match will be at Trelawney on March 11, with games also played at Kensington Oval, Barbados; Sabina Park, Jamaica; Beausejour, St Lucia; Warner Park, St. Kitts; The Sir Viv Richards Stadium, Antigua; Queen's Park, Grenada; Queen's Park Oval, Trinidad; and the new Providence Stadium, Guyana.

Based on the Following Groups (Rankings in brackets):

<table>
<thead>
<tr>
<th>Group A</th>
<th>Group B</th>
<th>Group C</th>
<th>Group D</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Kitts &amp; Nevis</td>
<td>Trinidad and Tobago</td>
<td>St. Lucia</td>
<td>Jamaica</td>
</tr>
<tr>
<td>Australia (1)</td>
<td>Sri Lanka (6)</td>
<td>New Zealand (4)</td>
<td>Pakistan (3)</td>
</tr>
<tr>
<td>South Africa (2)</td>
<td>India (5)</td>
<td>England (7)</td>
<td>West Indies (8)</td>
</tr>
<tr>
<td>Scotland (12)</td>
<td>Bangladesh (10)</td>
<td>Kenya (11)</td>
<td>Zimbabwe (9)</td>
</tr>
<tr>
<td>Holland (16)</td>
<td>Bermuda (15)</td>
<td>Canada (14)</td>
<td>Ireland (13)</td>
</tr>
</tbody>
</table>

Source: www.cricketinfo.org
Puzzle

Lets see whether or not you can fill all the blocks with the right meaning.
You can do it.

Across
2. Scope (5)
4. Congenial (9)
6. Stark (7)
7. Smooth Fabric (5)
9. Set Free (8)
11. Gesticulated (8)
13. Rule (5)
14. Book Depository (7)
16. Bad Dream (9)
17. Tendency (5)

Down
1. Hindered (8)
2. Deep ravine (5)
3. Spicy sauce (7)
4. Contention (9)
5. Disentangle (9)
6. Brownish-Yellow (9)
8. Nursemaid (5)
10. This evening (7)
12. Insincere praise (8)
15. Vapid (5)

Answers to ‘FUN PAGE’ puzzle from the previous issue:-

<table>
<thead>
<tr>
<th>Sixes</th>
<th>Age-Old Freinds</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Joseph</td>
<td>1. Rob and his Wife (63)</td>
</tr>
<tr>
<td>2. Sphinx</td>
<td>2. Steve and his Wife (43)</td>
</tr>
<tr>
<td>3. Single</td>
<td>3. Tim and his Wife (44)</td>
</tr>
<tr>
<td>4. Jingle</td>
<td></td>
</tr>
<tr>
<td>5. Jilted</td>
<td></td>
</tr>
<tr>
<td>11. Crack</td>
<td></td>
</tr>
<tr>
<td>12. Socket</td>
<td></td>
</tr>
</tbody>
</table>
**A Dish to try for the Summer**

Tangy marinated chicken and mushrooms, wrapped in bacon and skewered. Excellent for entertaining and trying something new! These are a must try! (They can also be broiled instead of grilled if low on time.)

**Original recipe yield:** 6 servings

**Prep Time:** 25 Minutes

**Cook Time:** 20 Minutes

**Ready In:** 1 Hour 45 Minutes

**Servings:** 6

**INGREDIENTS:**
1/4 cup soy sauce
1/4 cup cider vinegar
2 tablespoons honey
2 tablespoons canola oil
10 large mushrooms, cut in half
2 green onions, minced
3 skinless, boneless chicken breast halves - cut into chunks
1/2 pound sliced thick cut bacon, cut in half
1 (8 ounce) can pineapple chunks, drained skewers

**DIRECTIONS:**
In a large bowl, mix the soy sauce, cider vinegar, honey, canola oil, and green onions. Place the mushrooms and chicken into the mixture and stir to coat. Cover and marinate in the refrigerator for at least one (1) hour.

Preheat grill for high heat. Wrap the chicken chunks with bacon, and thread onto skewers so that the bacon is secured. Alternate with mushroom halves and pineapple chunks.

Lightly oil the grill grate. Arrange skewers on the prepared grill. Cook 15 to 20 minutes, brushing occasionally with remaining soy sauce mixture, until bacon is crisp and chicken juices run clear.
# Hurricane Disaster Shelter List 2006

<table>
<thead>
<tr>
<th>BUILDING</th>
<th>LOCATION</th>
<th>CONDITION OF BUILDING</th>
<th>RECOMMENDATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>J.T. Ambrose School</td>
<td>All Saints Village</td>
<td>Building in need of tower bolts &amp; hinges</td>
<td>4 buildings, good condition</td>
</tr>
<tr>
<td>John Hughes Methodist Church</td>
<td>John Hughes</td>
<td>Shutters need repair: structure and roof in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>John Hughes Primary School</td>
<td>John Hughes</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Old Road Primary School</td>
<td>Old Road Village</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Old Road Anglican Church</td>
<td>Old Road</td>
<td>Structure, roof and windows in good condition: no outside shutters</td>
<td>Suitable</td>
</tr>
<tr>
<td>Buckleys Primary School</td>
<td>Buckleys</td>
<td>Both buildings in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Freemans Village Primary School</td>
<td>Freemans Village</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Sea View Farm Primary School</td>
<td>Sea View Farm</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Fort Road Adventist Church</td>
<td>Fort Road</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Jehovah Witness Kindom Hall</td>
<td>Summer Lane Gambles</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Clare Hall Secondary School</td>
<td>Clare Hall</td>
<td>Doors and tower bolts need fixing</td>
<td>Suitable</td>
</tr>
<tr>
<td>Shiloh Gospel hall</td>
<td>St. Johnsons Road</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>T.N. Kirnon School</td>
<td>Coronation Road</td>
<td>5 class rooms in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Cedar Grove Primary School</td>
<td>Cedar Grove</td>
<td>Building in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Cedar Grove Wesleyan Holiness Church</td>
<td>Cedar Grove</td>
<td>Building in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Mary E. Pigott School</td>
<td>Ottos</td>
<td>6 class rooms need tower bolts and hinges: will be fixed by Public Works Division</td>
<td>Suitable</td>
</tr>
<tr>
<td>Ottos Comprehensive School</td>
<td>Ottos</td>
<td>6 class rooms in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Golden Grove Primary School</td>
<td>Golden Grove</td>
<td>Two buildings in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Five Islands Primary School</td>
<td>Five Island</td>
<td>2 small wooden buildings in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>BUILDING</td>
<td>LOCATION</td>
<td>CONDITION OF BUILDING</td>
<td>RECOMMENDATION</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>--------------</td>
<td>------------------------------------------------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>Grays Farm Adventist Church</td>
<td>Lablali Hill</td>
<td>Building in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Green Bay Primary School</td>
<td>Federation Road</td>
<td>2 buildings will be used</td>
<td>Suitable</td>
</tr>
<tr>
<td>St. Anthony Anglican Church</td>
<td>Christian Street</td>
<td>Building in Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Bendals Primary School</td>
<td>Bendals Village</td>
<td>Building in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Zion Church</td>
<td>Golden Grove</td>
<td>Concrete block structure</td>
<td>Single hung windows with no outside shutters</td>
</tr>
<tr>
<td>Bolans Adventist Church</td>
<td>Bolans</td>
<td>Building in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Urlings Adventist Church</td>
<td>Urlings</td>
<td>Good condition no outside shutters</td>
<td>Suitable</td>
</tr>
<tr>
<td>Urlings Primary School</td>
<td>Urlings</td>
<td>2 buildings in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Glandvilles Adventist Church</td>
<td>Glandvilles</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Glandvilles Primary School</td>
<td>Glandvilles</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Willikies Primary School</td>
<td>Willikies</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Methodist Church</td>
<td>Freetown</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>New Winthropes Adventist Church</td>
<td>New Winthropes</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>New Winthropes Primary School</td>
<td>New Winthropes</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Pilgrim Holiness</td>
<td>New Winthropes</td>
<td>Basement (Shelter) 20 Persons</td>
<td>Suitable</td>
</tr>
<tr>
<td>Pigotts Adventist Church</td>
<td>Pigotts</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Potters Primary School</td>
<td>Potters</td>
<td>2 buildings in good condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Cobbs Cross Primary School</td>
<td>Cobbs Cross</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Liberta Primary School</td>
<td>Liberta</td>
<td>Basement shelter area</td>
<td>Suitable</td>
</tr>
<tr>
<td>Liberta Adventist Community Shelter</td>
<td>Liberta</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Grace Hall Pre-School</td>
<td>Liberta</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
<tr>
<td>Villa Primary School</td>
<td>Villa</td>
<td>2 buildings to be used</td>
<td>Suitable</td>
</tr>
<tr>
<td>St. Andrews Anglican Church</td>
<td>Fort Road</td>
<td>Good Condition</td>
<td>Suitable</td>
</tr>
</tbody>
</table>

Source: Mrs. Patricia Julian Director, National Office of Disaster Services (N.O.D.S)
Carnival Programme Line up

Staurday 29th July  Opening Ceremony / Opening Parade First Lap Jump Up
Sunday 30th July  Junior Carnival / Junior Calypso Competition
Mondy 31st July  Female Calypso
Tuesday 1st August  Queen of Carnival
Wednesday 2nd August  Teen Splash
Thursday 3rd August  Panoram Competition
Friday 4th August  Jaycees Caribbean Queen Show
Saturday 5th August  Party Monarch Finals
Sunday 6th August  Calypso Monarch Finals
Monday 7th August  J’Ouvert Jump Up
Tuesday 8th August  Judging of troupes and Groups
Parading of Bands, Troups, and groups Announcement of Winners. Last Lap
Sunday 13th August  Beach Bash

Establishment Department
Friendly Alley
St. John’s
Antigua W.I.
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Email: estabdep@antigua.gov.ag

Should you have articles, ideas, comments or other correspondence to share with us, please send them to Focal Point c/o Establishment Department at the address, email or Fax facilities listed above.